



## SAIL & POWER TRAINING Langebaan, South Africa

### RYA DAY SKIPPER PRACTICAL COURSE

Courses are presented throughout the year; please contact us for dates and prices

Pre Requisites	: 5 days at sea, 100 nm miles, 4 night hours
Duration	: 5 days
Minimum Age	: 16 years old
Where	: Langebaan

#### Overview of course content:

**Day Skipper Practical – 5 Days** (includes accommodation on board and food)

This course is to teach pilotage, navigation, seamanship and boat handling up to the standard required to skipper a small cruising yacht safely by day in tidal waters with which the student is familiar.

- Preparation for sea
- Deck work
- Navigation
- Pilotage
- Meteorology
- Rules of the road
- Maintenance and repair work
- Engines
- Victualling
- Emergency Situations
- Yacht handling under power
- Yacht handling under sail
- Passage making

\*\*\* RYA Day Skipper Practical \*\*\*

## What does my RYA Day Skippers ticket allow me to do?

The ticket does not expire after a certain period of time

You can sail as far from the shore as you want to, as long as you are back in a port by nightfall

You can skipper a yacht of up to the following sizes:

- RYA: 200 tons / 24 metres

### Included:

- RYA Course completion Certificate
- Personal Log Book
- Atlantic Yachting Cap
- Diesel + Berthing Fees
- **Accommodation on board** for the duration of your practical sailing course
- Fresh linen, pillows and pillow cases
- The use of Foul Weather gear should you need it
- Tea, Coffee & Sugar in office and on yachts
- **Yachts are provisioned for the duration of your practical course**
- Diesel and Berthing fees
- Access card to Marina abultions (**on loan**)
- Fully equipped galley + cleaning materials

### Excluded:

- Transport to Langebaan from Cape Town

### What you need to bring with you:

- Suitable clothing – layers are a good idea (T shirts, baggies, long sleeve T-shirts, rash vests, tracksuit pants, jeans, flip flops and warm clothes)
- Passport Photo's x 6
- Copy of ID or passport (for SAS only)
- Weather proof jacket , or you can purchase from our shop – From R550.00
- Polarised Sunglasses , or you can purchase from our shop – From R850.00
- Gloves , or you can purchase from our shop - R250.00
- Sailing shoes or any soft-soled shoes (i.e. trainers)
- Sleeping bag and a blanket
- Sun cream, hats, towels and toiletries
- Warm socks and a beanie
- Extra money for food and beverages – cooking onboard is encouraged as part of the yachting experience and helps to stretch your budget

For those locals wanting to attain a SAS Day Skipper Certificate: please read on...



### WHY DO YOU NEED A SOUTH AFRICAN SKIPPERS TICKET?

- You need a South African (SAS) qualification to sail a yacht over 9m at sea in South Africa
- Neither the Royal Yachting Association (RYA) nor any other qualification is accepted by the South African authorities. There is, however a special arrangement for visiting yachts.

SAS Office in Cape Town is 021 531 1860/8022.

An additional fee of R800.00 will be payable to Atlantic Yachting. **Please notify office should you want to apply for your SAS Day Skippers Ticket ~ before you come on course.**

**NOTE:** In order to apply for your SAS Day Skippers Certificate you will need:

- ✓ SAMSA SRC Radio License (+R3100.00)
- ✓ SAS ISHARA Eye Test
- ✓ SAS Day Skipper with school Exam Fee: SAS non-member R645.00 / SAS member R430.00