

ATLANTIC YACHTING

SAIL & POWER TRAINING Langebaan, South Africa



RYA/MCA YACHTMASTER COASTAL PRACTICAL

This course is aimed at the more experienced sailor

Courses are presented throughout the year; please contact us for dates and prices

Pre Requisites	: 15 days at sea, 300nm miles, 8 night hours, 2 days as skipper
Duration	: 5 days
Minimum Age	: 17 years
Where	: Langebaan

Overview of course:

RYA Coastal Skipper Practical 5 Days (compulsory to sleep onboard - includes food)

The aim of the course is to teach the skills and techniques required to skipper a cruising yacht (for the sail course) or motor cruiser (for motor course) of 7 meters to 15 meters LWL, safely on coastal and offshore passages by day and night

- Passage Planning
- Preparation for sea
- Pilotage
- Passage making ability as skipper
- Yacht handling under power
- Yacht handling under sail
- Adverse weather conditions
- Emergency situations

***RYA Coastal Skipper Practical Certificate ***

Inclusive Of:

- ✓ Accommodation and food
- ✓ Nutritional menu plan typically used on a yacht
- ✓ The use of Foul Weather gear should you need it (no extra charge)
- ✓ Personal Log Book
- ✓ Atlantic Yachting T-Shirt & Cap
- ✓ RYA Course completion Certificate
- ✓ Navigational Equipment - on loan (option to buy own equipment from the office)
- ✓ Charts + All course material - which is yours to keep after the course
- ✓ Sheets, Pillows and pillow cases on yachts
- ✓ Fully equipped galley + cleaning materials
- ✓ Diesel + Berthing Fees
- ✓ Access card to Marina ablutions (**on loan**)
- ✓ Tea, Coffee and Sugar on yachts and at the office ~ always welcome for a cuppa!

Exclusive Of:

- ✓ Transport to and from Langebaan

What you need to bring with you:

- Suitable clothing - layers are a good idea (T shirts, baggies, long sleeve T-shirts, rash vests, tracksuit pants, jeans, flip flops and warm clothes)
- Passport Photo's x 6
- Copy of ID or passport (for SAS only)
- Weather proof jacket , or you can purchase from our shop - From R550.00
- Polarised Sunglasses , or you can purchase from our shop - From R850.00
- Gloves , or you can purchase from our shop - R250.00
- Sailing shoes or any soft-soled shoes (i.e. trainers)
- Sleeping bag and a blanket
- Sun cream, hats, towels and toiletries
- Warm socks and a beanie
- Extra money for food and beverages - cooking onboard is encouraged as part of the yachting experience and helps to stretch your budget

Optional Extra's for those aiming to work in the International Super Yachting Industry

COURSE	DAYS
RYA VHF	1 day
STCW 2010	11 days
RYA Ocean Theory	6 days
ENG 1	1 day
RYA PB II	2 days
RYA PWC (jet-ski)	1 day
RYA PWC Instructor course	3 days

RYA PB II Instructor course	3 days
RYA Diesel Engine	1 day
AEC (Approved Engine Course)	5 days
RYA Radar	1 day
Food Safety Course	2 days
Super Yacht Galley Specific	6 days
Open Water Dive Course	4 days
SAMSA SRC radio course	2 days

**** Optional extra courses are booked on request - prices subject to change****

Our promise is to strive to maintain a high standard of professionalism and to ensure that your experience at Atlantic Yachting proves to be unforgettable